

- 
- Colonisation/Invasion
  - Stolen land
  - Stolen Children
  - Stolen Wages
  - Families Separated
  - Cultural Practices Disrupted
  - Grief and Loss

Passed to next generation through the ways they are parented and DNA

**What happened to our Ancestors**

- 
- Community Violence
  - Social Disadvantage
  - Economic Disadvantage/Poverty
  - Disconnected Community
  - Inadequate Local Supports
  - Racism

What is happening in our Community now

**What happened to our Ancestors**

- 
- Physical Abuse & Neglect
  - Emotion Abuse & Neglect
  - Sexual Abuse
  - A parent with a mental illness
  - A family member in jail
  - Someone in the household with drug or alcohol problems
  - Witnessing violence

What happened to us as kids

What is happening now in our Community

What happened to our Ancestors

90 per cent of  
brain development  
occurs in the first  
three years.

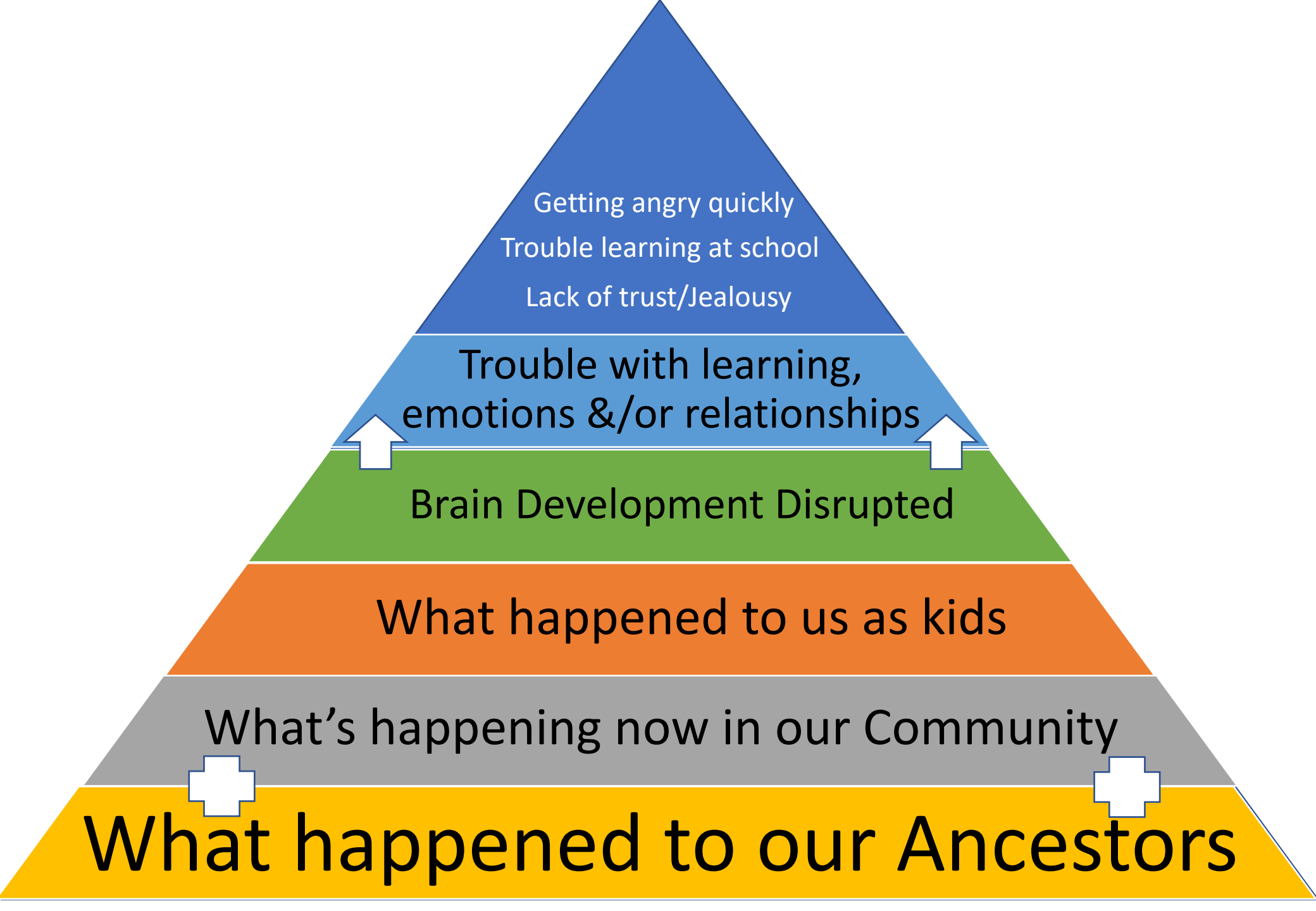
“Adverse Childhood Experiences”/what  
happened to us as kids can disrupt that  
development

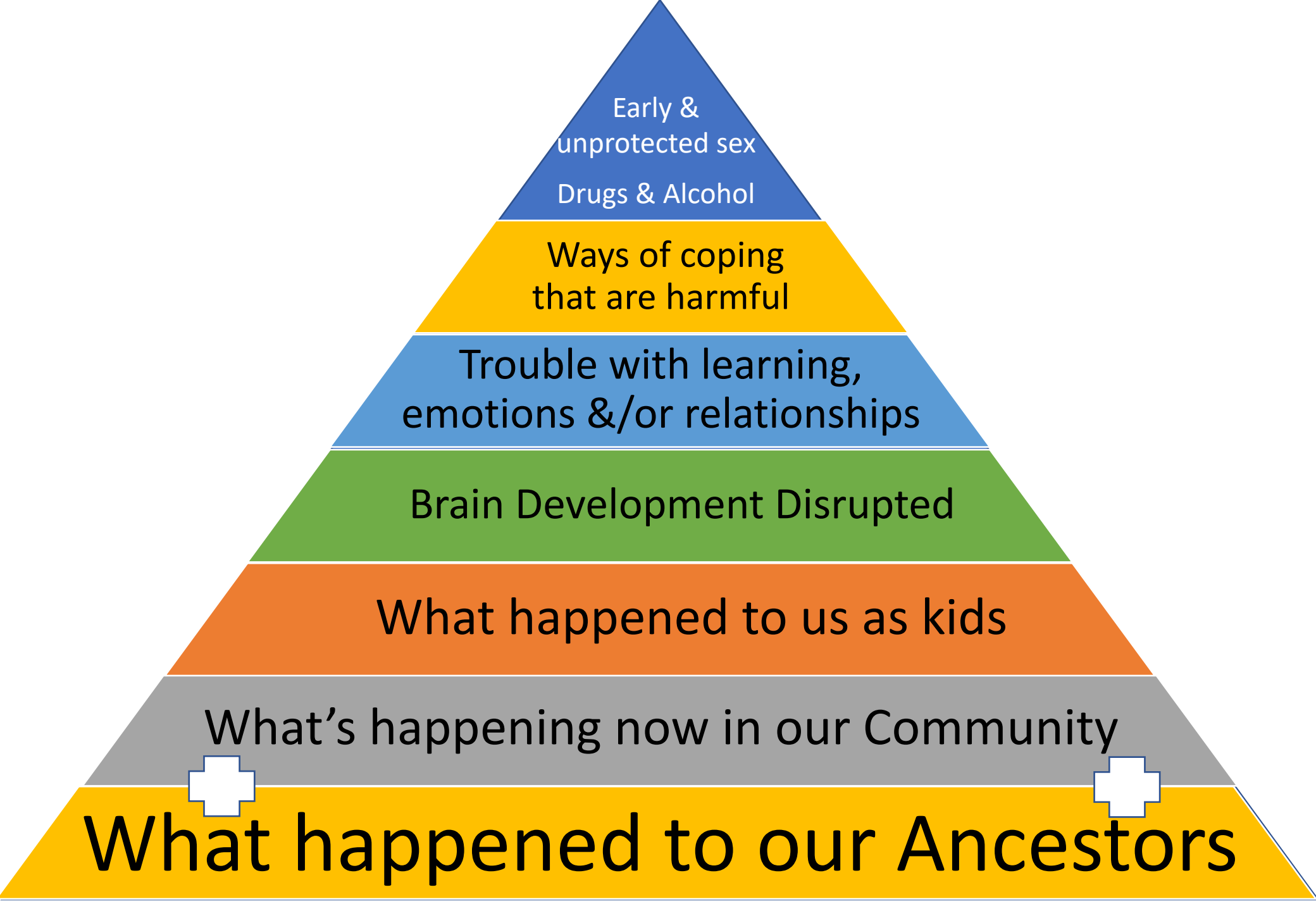
Brain Development Disrupted

What Happened to us as kids

What is happening now in our Community

What happened to our Ancestors







- Legal Issues
- Assault
- Domestic Violence
- Physical Health Issues
- Mental Health Issues

Social Problems  
Chronic Health Issues

Ways of coping  
that are harmful

Trouble with learning,  
emotions &/or relationships

Brain Development Disrupted

What happened to us as kids

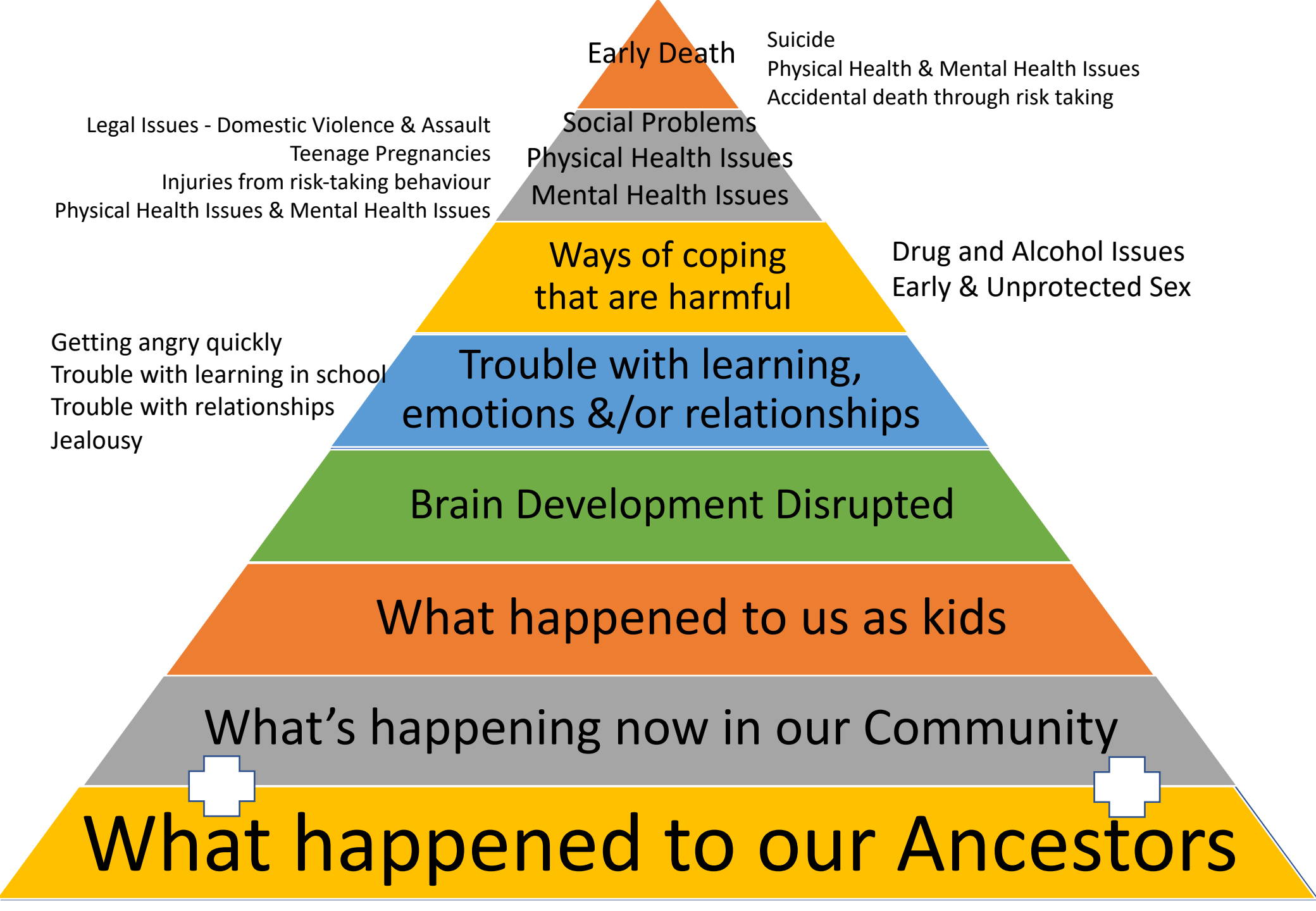
What's happening now in our Community

What happened to our Ancestors









**Early Death**

Suicide  
Physical Health & Mental Health Issues  
Accidental death through risk taking

**Social Problems**

Physical Health Issues  
Mental Health Issues

Legal Issues - Domestic Violence & Assault  
Teenage Pregnancies  
Injuries from risk-taking behaviour  
Physical Health Issues & Mental Health Issues

**Ways of coping that are harmful**

Drug and Alcohol Issues  
Early & Unprotected Sex

**Trouble with learning, emotions &/or relationships**

Getting angry quickly  
Trouble with learning in school  
Trouble with relationships  
Jealousy

**Brain Development Disrupted**

**What happened to us as kids**

**What's happening now in our Community**

**What happened to our Ancestors**





