

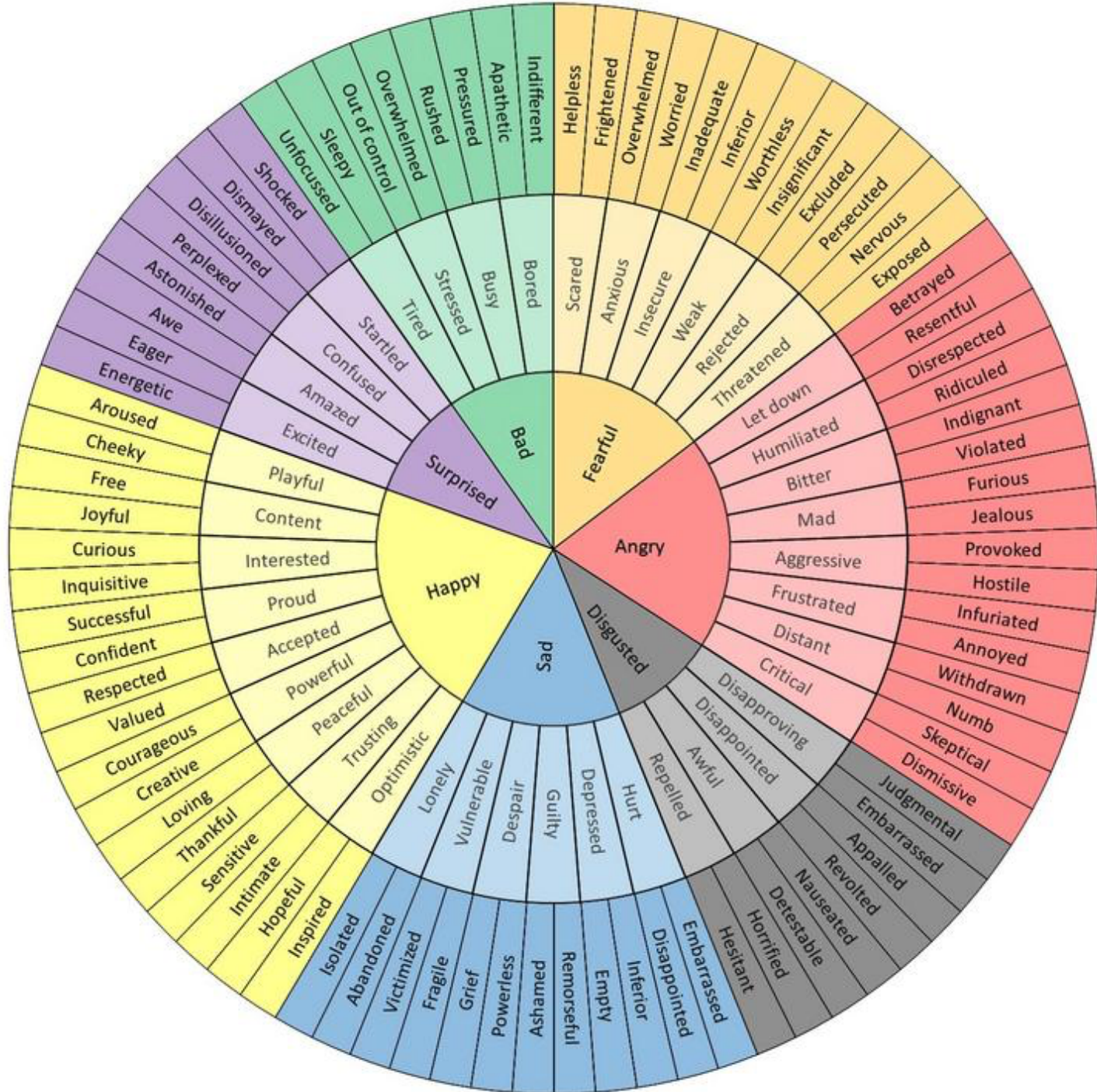


Why did Dolly die?

Can bullying lead to suicide?



What feelings do you think Dolly may have had as a result of being bullied.....





What are some of the actions and words that may have resulted in her feeling that way?

Do you think any of your
friends or peers ever feel
the way Dolly felt?

Why might they feel
that way?

Does bullying exist in
Normanton.....

At your school.....



What does bullying
look like?

What do different types of bullying look like?

Which are harder to detect?



Physical



Verbal




Social



Cyber

Is bullying something that
YOU want to stop?



You have the
power to make
the future
different

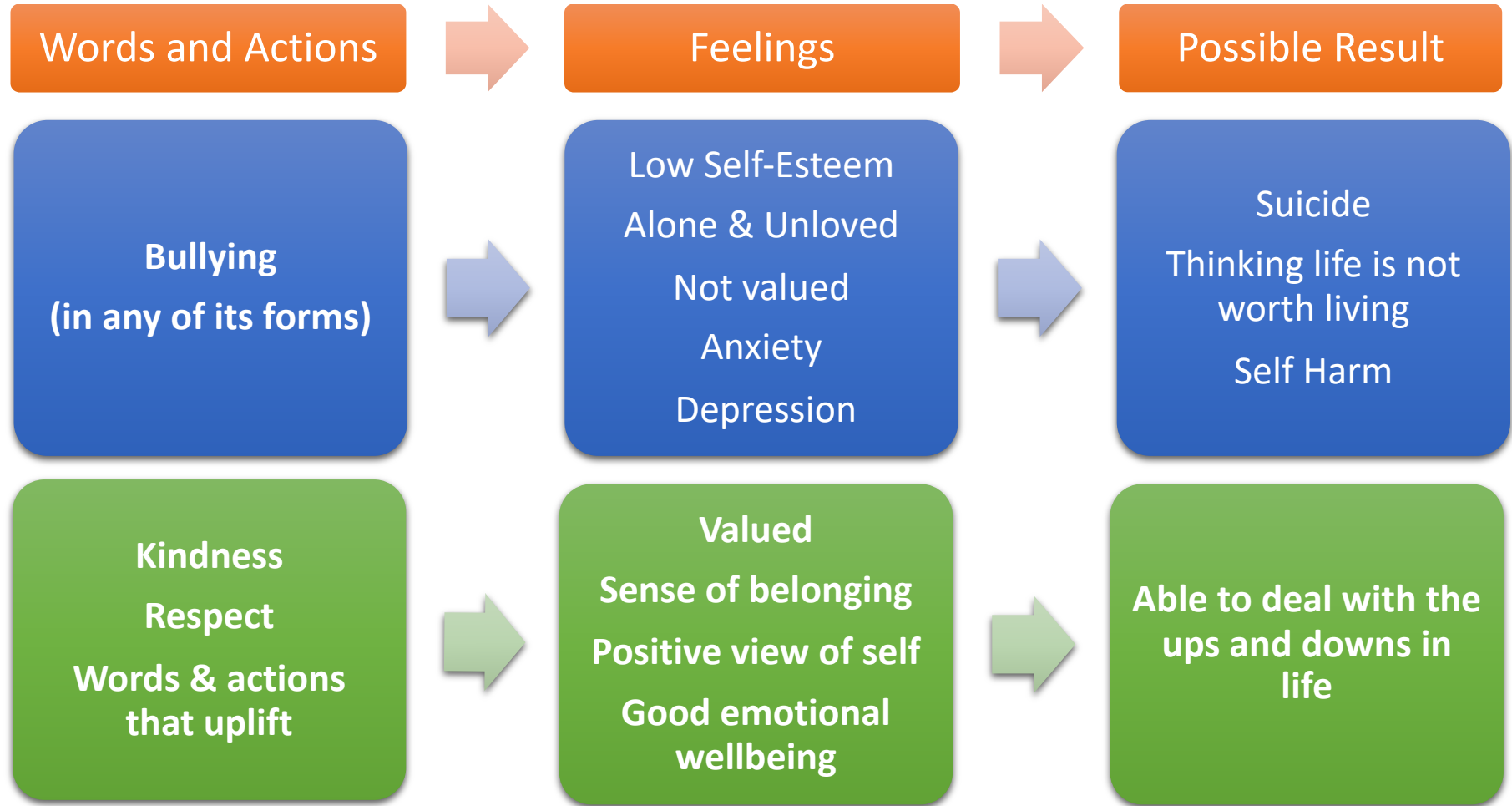
What do you think
can we do about it?

What do you think
you could do about
it?

What are you *willing
and able* to do?

What can adults do
to help?

What we say and do everyday matters.....



Note: Life is not as simple as this diagram. Many other factors influence emotional well-being – however bullying is a contributing factor to depression and to many youth suicides – and is something we can change.

Are you feeling some
of the feelings we
think Dolly may have
felt?

SEEKING HELP

Where can you or a
friend get help?

There is no wrong way to access help



TALK TO FAMILY



TALK TO TEACHERS AND
SUPPORT STAFF



TALK TO DOCTOR,
NURSE, ABORIGINAL
HEALTH WORKER



TALK TO MENTAL
HEALTH
CLINICIAN/COUNSELLOR



KIDS HELPLINE



BEYOND BLUE

In a crisis what can I do



If you, or someone you know, is having suicidal thoughts and is in immediate danger, call triple zero (000) and ask for an ambulance.



Don't leave the person alone until help arrives.