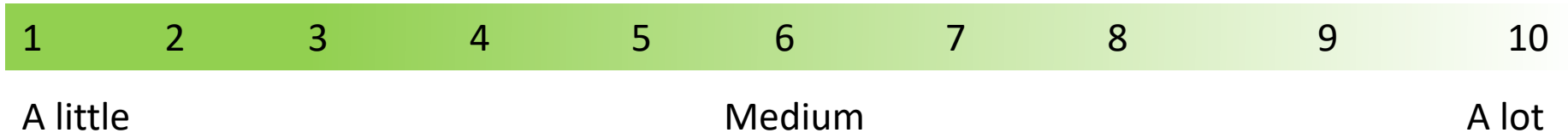


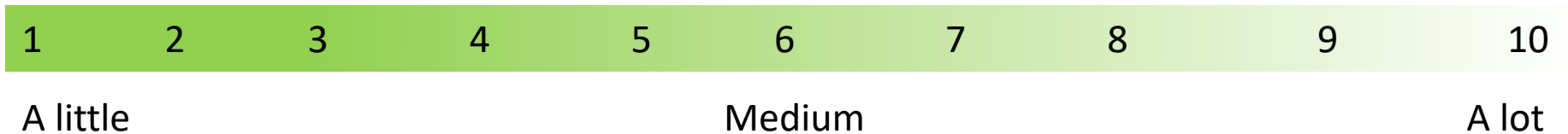
Autism Spectrum Disorder

Everyone is different – where are you with these strengths and difficulties associated with ASD

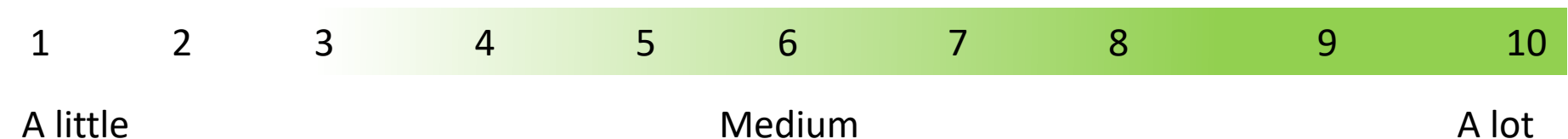
I have trouble making friends



I like things to say the same



I have something that I really enjoy doing

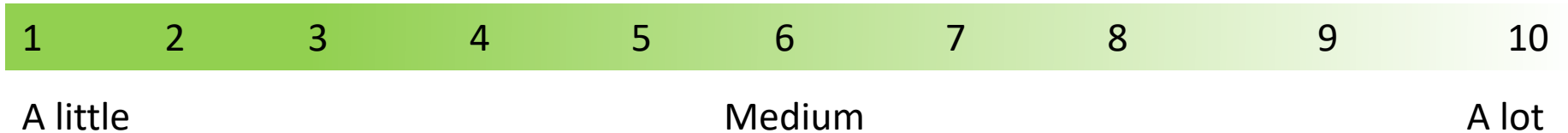


What is it?

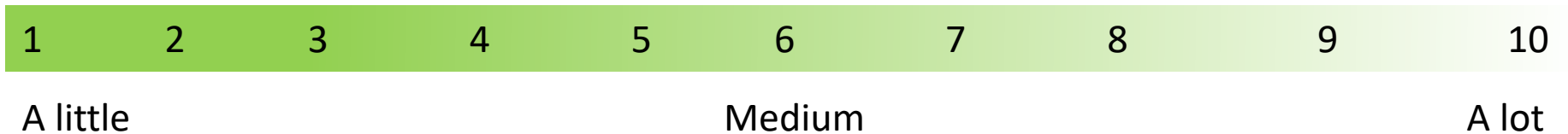
Autism Spectrum Disorder

Everyone is different – where are you with these strengths and difficulties associated with ASD

I have difficulty communicating/talking to others



I get overwhelmed/have meltdowns



I have something that I am good at



What is it?

Autism Spectrum Disorder

Everyone is different – where are you with these strengths and difficulties associated with ASD

Things feel too scratchy, too loud or too bright



A little

Medium

A lot

I have difficulty managing my behaviour



A little

Medium

A lot

I can solve problems



A little

Medium

A lot

Autism Spectrum Disorder

Everyone is different – where are you with these strengths and difficulties associated with ASD

I see or understand things differently



A little

Medium

A lot

I have ways to calm myself when upset or overwhelmed



A little

Medium

A lot

I am loving and affectionate (noting that this can be shown differently – not everyone likes cuddles)



A little

Medium

A lot